## Understanding Your Dreams: Moving From Insight, To Guidance, To Growth

## A workshop with Dan Keusal, M.S., LMFT Lake City Professional Center Saturday, May 13, 2017 9:30 AM – 4:30 PM

"An unexamined dream is like an unopened letter from God" ~The Talmud

The dreams we have each night connect us with our deepest, wisest, best selves—with our unconscious, with our spirit, with "god," or with the "gods and goddesses." Dreams reveal what our waking ego is missing, offer clues about the places in life where we feel stuck, and show us the way forward. But the language of dreams is not the literal language of our everyday, waking life—it is the language of symbols, which can seem perplexing. This workshop will explore how to remember dreams, how to understand the important messages they bring, and how to turn those messages into life-given actions.



WHEN: Saturday, May 13, 2017. 9:30 AM – 4:30 PM

WHERE: Lake City Professional Center Conference Room 2611 NE 125<sup>th</sup> St Seattle

FEE: \$95

TO REGISTER: email Dan Keusal at <a href="mailto:dankeusal@dankeusal.com">dankeusal@dankeusal.com</a>

DETAILS: www.DanKeusal.com



**Dan Keusal, M.S., LMFT** has worked for 24 years as a Jungian psychotherapist in Seattle. He holds a B.A. in Theology from Notre Dame, and a Master's Degree in Marriage & Family Therapy from Seattle Pacific University. He is a WA State licensed Marriage & Family Therapist. He has been invited to speak to a wide range of organizations, including Microsoft, Bastyr University, Seattle

Counselors Association, Providence Health Systems, and dozens of other churches, businesses, and community groups. For more info, visit <a href="www.dankeusal.com">www.dankeusal.com</a>.