A message from Dan Keusal

July 10, 2003

"Don't ask what the world needs. Ask yourself what makes you come alive and then go do that. Because what the world needs is people who have come alive" (Harold Thurman Whitman).

Greetings!

These days it seems there is so much to fear—a faltering economy, war, injustice. And fear has a way of deadening us, numbing us, narrowing our imagination, our vision, our reach. Fear leaves us pulling in, pulling away, hunkering down; it seduces us into forgetting our dreams, and hiding our light under a bushel.

But fear isn't the only way. We can respond differently to "times like these." We can quest for the eye of the hurricane, a moving center of stillness from which our best selves, our highest purpose can shape our attitudes and our actions. This quest can take many forms—watching a sunset, reading a good book, engaging someone in soulful conversation. It can also include counseling and astrology, which offer guidance, support, and hope. For more information, or to make an appointment, feel free to call me at 206-523-1340, or visit my web site at www.dankeusal.com. Find your own way to come alive—the world needs you!

Peace,

~Dan